

A ROCHA



Am I too small to make a difference?

A Rocha has created this discussion guide as a companion to our short film, '[Small](#)'. We hope you enjoy digging a bit deeper into the theme. For regular news and small-scale but inspiring stories, please [sign up to Field Notes](#), our monthly email.

Ursula Peutot says in the film that the word small often comes with negative associations of insignificance and powerlessness, but that small things can have a big impact.

1. What examples of high-impact small things can you think of?

We live on a planet that is in a state of trauma and crisis.

2. How does the scale of the issues make you feel?

3. What are your coping strategies?

Ursula talks about how God can use us for great things however small and frail we are. The New Testament writer Paul received this encouragement from the Lord when struggling with what he calls 'a thorn'.

'But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness'. Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.' (2 Corinthians 12:9-10)

4. In what ways have you seen Christ's power rest on you?

5. What encouragement is there in these verses for us when facing discouragement about biodiversity loss, climate change or pollution?

Stanley Baya talks about the importance of taking action in faith, even if what you are able to do seems inadequate. You might inspire others to join you.

6. What other reasons are there for taking action even in small ways?

7. What can you, though small, do to make a difference, with God's help?